



THE ANTI- RETREAT

The Anti-Retreat is here to set the world on pause, to slow down our pirate ships and break down the barricades. To do the inner work and get more energy to deal with the real world everyday.

We've curated this program for the Changemaker, the Purpose-driven Entrepreneur and the Activist-in-Disguise. This is for all rebels who prefer action over endless talking.

- ✦ Research the topic of being a rebel together.
- ✦ Question the status quo.
- ✦ Take the time to truly pause and rest.
- ✦ Create art, write, dance, reflect and make fire.
- ✦ Trust in the magic of gathering with intention.
- ✦ Celebrate with great food & drinks.

*A 2-DAY URBAN RETREAT
TO NURTURE YOUR INNER REBEL*

NL EDITION **FEBRUARY 7 & 8, 2026**

UK EDITION **MARCH 28 & 29, 2026**



Visit our website: **REBEL-PAUSE.GUIDE**

The playground for dreamers, doers and rebels in disguise



THE ART RETREAT

NURTURE YOUR INNER REBEL